



Abingdon Squash and Racketball Club
 Northcourt Road
 Abingdon
 OX14 1NN

Nigel Northcott
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 Visit. www.abingdon-squash.co.uk

Beginners Squash & Racketball club sessions

Beginners are welcome to attend beginners sessions of squash or racketball – Sunday from 0900 until 1030 – sessions will comprise beginners coaching and free play with other beginners.

Goggles/Equipment can be provided and each session will be lead by Nigel Northcott a level two England Squash coach. If you wish to attend, please contact Nigel.

Players are invited to play for one month without any charge.

After that time – a fee of £3 per session is payable.

Players are advised that if they join the club they may attend the weekly sessions paying only £1 for a 15 minute court and may book courts at their own cost at other times.

It is recommended that after the first month – players should purchase their own racket.

Nigel
Level 2 England Squash Coach
Abingdon – April December 2019
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Beginners Squash & Racketball club sessions
Name: DOB:
Tel: (Home) (Mobile) Email:
Signature: (Parent/Guardian for under 18s) Emergency contact number

The Abingdon Squash & Racketball Club (Silver Charter Club by England Squash and Racketball),
 Northcourt Road, Abingdon, Oxfordshire OX14 1NN