Welcome to Abingdon Squash and Racketball Club, this leaflet describes the facilities and services that are available to you and how to use them.

We are a members club and pride ourselves on putting the members first. We run as a non-profit making club to ensure we keep improving the facilities whilst setting the prices as reasonable as possible.

Abingdon squash club has four excellent squash courts providing for a thriving squash and racketball scene. We also have a recent extension to the bar area with a new balcony. These are available for hire for functions.

Courts are available to members for social play, coaching, competition and practice. Private coaching, club nights and club tournaments are regular features.

Membership

The membership year runs from 1st August to 31st July. A monthly pro-rata reduction system on the annual fees operates for new members joining during the year.

Electronic Fob System

As a new member you will receive an electronic fob, this is used for entering the club and activating the court lights.

How to book courts

The club has a state of the art booking system which conveniently allows members to book courts over the internet or via the kiosk in the club.

To book courts via the internet you will simply need to log in on our website using your unique password. On the internet you can top up your account using pay-pal (you do not need a pay-pal account) and book courts up to 14 days in advance. Detailed instructions on how to use the booking system can be found next to the kiosk in the club.

Squash Social Sessions

The Saturday and Sunday Squash Social Sessions are great ways to meet new players and burn off some calories!

Saturday Squash Social from 3:30pm - 6.45pm
Sunday Squash Social from 5:45pm - 8.15pm

The cost is £1.50 per block of 15 minutes. Simply turn up and play, all standards of player are welcome.

Squash Ladder

The squash ladder is a great opportunity to challenge and play other members in the club. Playing competitive games against different people can only improve your playing standard and your fitness level.

Club Box leagues and squash boxes

Apart from purely social play there is a very popular and well run internal box squash league. The box league has over seventy players spreading over a wide range of standards. This gives you the opportunity to play up to four competitive (and friendly!) games every calendar month. The box league is a highly recommended aspect of the club. It provides an excellent opportunity to meet other members of a similar standard.

Our squash box leagues and ladder are now on SportyHQ. This platform makes managing matches and tracking scores easier and more efficient for everyone.

Tournaments and Events

The club hosts several events every year including exhibition matches, county matches, county training and a number of tournaments also catering for all abilities.

Coaching and training

Complete beginner to advanced level coaching sessions are provided for by the club professional Ben Rosec and his team of coaches. Ben is an experienced fully-licensed, advanced level squash coach and a qualified racketball coach. All players of any standard benefit from coaching, tailored lessons for individuals, pairs or groups are available. There are also regular junior group sessions:

Monday Junior Club
Coaching, all abilities welcome
Typical session content: Technical work, fitness, match play and fun!

Tuesday Junior Club
Coaching, all abilities welcome
Typical session content: Technical work, fitness, match play and fun!

Please see the Junior Squash webpage for dates, times and prices.

Parking and Bike storage

There is ample parking space directly outside the club. The club also has a secure bike shed for members that cycle to the club; keys are available for a small deposit from the club bar.

Website

The club website includes information about the club, hot news and upcoming team fixtures and tournaments. In the members area you can find minutes of committee meetings as well as our policy documents and Club Constitution.

Vacancies

We have many volunteers who help make the club run smoothly but we can always do with extra help. If you would like to volunteer or receive more information, please email us on info@abingdon-squash.co.uk